



Occupational Therapy



CESA 5 Occupational Therapists (OT) and Certified Occupational Therapy Assistants (COTA) provide consultation and direct services to students as determined by IEP teams.

Providing Expertise

- Occupational Therapists provide expertise to teams and students to improve student performance in learning environments throughout the school such as:
 - Bathrooms
 - Classrooms
 - Lunchrooms
 - Playgrounds

Developing Student Skills

- Occupational Therapists help develop participation skills for secondary transition and optimize student performance throughout the school day through specific adaptations and accommodations

Utilizing Strategies

- Occupational Therapists utilize strategies to assist students to develop, improve and/or maintain functional independence in the least restrictive educational setting through:
 - Coaching
 - Consultation with school staff and families
 - Direct intervention
 - Integrated activities

Call Erikke Nystrom-Grothaus at (608) 745-5440 for more information about CESA 5's Occupational Therapy Services.